

# Pool Day Must-Haves for Moms

Everything you need to keep the kids happy, the bags organized, and the vibes stress-free!

## For the Kids

- Swimsuits
- Swim diapers (if needed)
- Towels (1 per child + 1 extra)
- Goggles
- Pool toys (rings, balls, floaties)
- Life jackets or floaties
- Extra change of clothes
- Hats / sunhats
- Water shoes or flip-flops
- Waterproof phone case

## Sun Protection

- Sunscreen (SPF 30+ water-resistant)
- Lip balm with SPF
- Sunglasses
- Rash guards or UV shirts
- Pop-up shade tent or umbrella
- Cooling towels or fans

## Snacks + Drinks

- Reusable water bottles
- Juice boxes or pouches
- Easy-to-grab snacks (fruit, crackers, granola bars)

# Pool Day Must-Haves for Moms

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- Cooler bag with ice packs
- Wet/dry snack bags or containers

## Mom Essentials

- Large beach/pool bag
- Waterproof pouch for keys & phone
- First aid kit (bandaids, antiseptic wipes)
- Baby wipes or wet wipes
- Hand sanitizer
- Book or earbuds
- Lightweight cover-up or sundress
- Foldable chair or float lounge
- Hair ties or claw clip
- Extra plastic bags (for wet clothes)

## Extras for Comfort & Cleanup

- Wet bag for swimsuits
- Portable fan or misting bottle
- Blanket or towel for lounging
- Laundry bag (leave in the car!)
- Ziplock bags for small toys or leftover snacks