

15-Minute Daily Cleaning Checklist

TidyNest - Simple Routines for Tidy Living

Morning Tasks (5 mins)

- Make your bed
- Start a load of laundry
- Unload dishwasher or dish rack
- Wipe bathroom sink + mirror
- Quick sweep of kitchen floor

Afternoon Reset (5 mins)

- **Switch laundry to dryer**
- **Tidy high-traffic zone (living room, entryway)**
- **Clear clutter from counters**
- **Quick vacuum or spot mop (if needed)**
- **Clean out lunchboxes or snack areas**

Evening Wind Down (5 mins)

- **Fold laundry + put away**
- **Load dishwasher + wipe table**
- **Tidy kids' toys or shared space**
- **Take out trash if full**
- **Set out clothes or lunch prep for tomorrow**

A little cleaning each day keeps the chaos away.